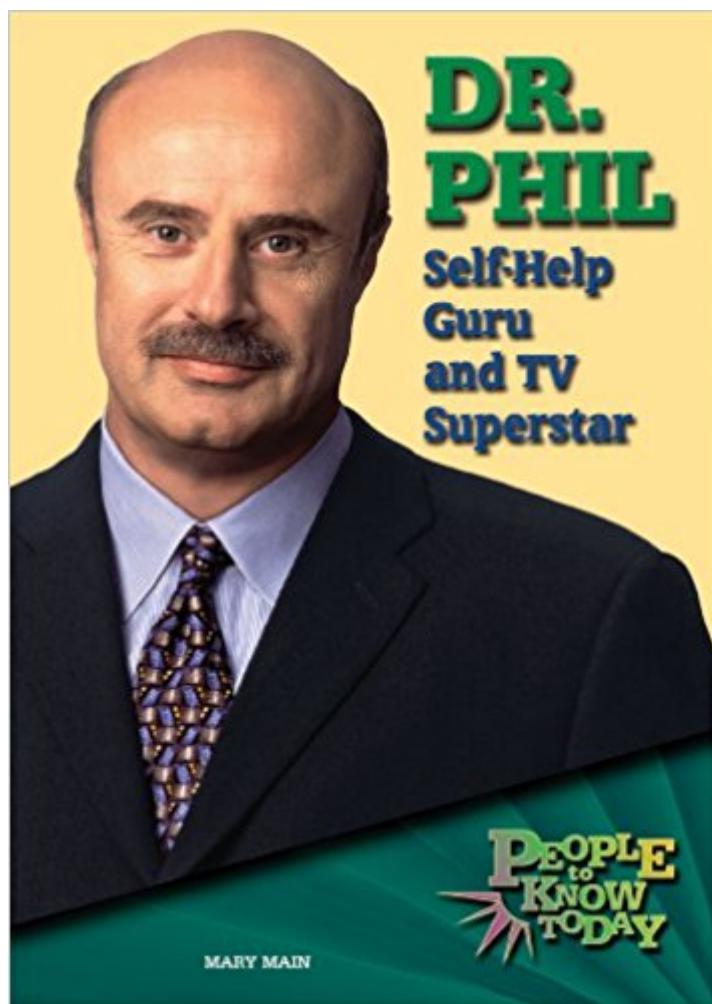


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# Dr. Phil: Self-help Guru And TV Superstar (People To Know Today)



## **Synopsis**

Dr. Phillip C. McGraw is a best-selling author, life coach, and the star of ?The Dr. Phil Show.? Students will read about his childhood in the Southwest and how his experiences as a child and young adult taught him that setting firm goals and working hard would eventually result in the life he wanted. Includes color photographs and illustrations, chronology, chapter notes, further reading list, Internet addresses, and index. 128 pages.

## **Book Information**

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## **Customer Reviews**

Dr. Phillip C. McGraw is a best-selling author, life coach, and the star of ?The Dr. Phil Show.? Students will read about his childhood in the Southwest and how his experiences as a child and young adult taught him that setting firm goals and working hard would eventually result in the life he wanted. Includes color photographs and illustrations, chronology, chapter notes, further reading list, Internet addresses, and index. 128 pages.

In this well written, highly accessible book, author Mary Main tells the background of one of America's most engaging celebrities. Today Dr. Phil is a highly regarded, well respected psychologist, with a large television following. Often he makes life and giving advice look easy- as his life seems so well put together and successful. But as this book reveals his life has not always been a bed of roses. Early poverty and family instability were the realities of his childhood. The

author describes how the young Phillip C. McGraw learned early in life to set firm goals, and to work hard to create the life he wanted. Anyone reading this book will have a fuller understanding of Dr. Phil. And anyone reading this book will clearly understand why he has become a beloved mentor to millions. In these uneven times it is good to have a positive role model. Ms. Main shows us a man whose advice is both moral and practical at the same time. The author demonstrates in a very readable way- how character counts and that is why everyone who wants to live a more meaningful life should own and read this book. I highly recommend it.

Mary Main's biography on Dr. Phil illustrates his upward struggle from instability and poverty to dependability and prosperity. Main tells how Phil McGraw used goal-setting, unique guidance techniques, and hard work to achieve success, gaining respect and acclaim along the way. Readers of either gender will find this a fascinating read; boys, in particular, will gain knowledge, as well as confidence from this esteemed mentor.

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